



Alleman Catholic High School
1103 40th Street
Rock Island, IL 61201
Phone: (309) 786-7793
FAX: (309) 786-7834



www.allemanhighschool.org

To: Local Media

Date: July 25, 2016

Contact: Joe Conklin, Athletic Director jconklin@allemanhighschool.org
309-786-8742 (w) / 319-331-6988(c)

Alleman High School Hires Frank Flanagan as Head Volleyball Coach

On July 25, 2016 Frank Flanagan was hired as the Head Volleyball Coach at Alleman High School. Frank is originally from California and starred as a setter at Serra High School earning 3-time team MVP and team captain honors. In 2011, Frank continued his prestigious playing career at El Camino Junior College in Torrance, CA followed by earning a scholarship to play on the St. Ambrose University team in Davenport, IA in 2013. At St. Ambrose Flanagan competed for the nationally ranked Fighting Bees and earned a degree in Sports Management.

Along with an outstanding playing career, Frank brings a strong coaching background to Alleman as well. During Frank's time at El Camino Junior College, he served as a coach for the Beach Cities Volleyball Club in Manhattan Beach, CA. After Frank's time in California, he coached at Assumption High School in Davenport and ran the Knight's Volleyball Club from August of 2014 until May of 2015. Most recently, Frank is working as the Co-Director for the Iowa Select Volleyball Club based out of Davenport. With the Iowa Select Volleyball Club, Frank has worked with over 70 student-athletes from ages 13-18 filling 7 different teams.

The first game of the 2016 season for the Pioneers' Volleyball team will be August 24 against United High School at the Morris Gym at Alleman High School. For more information about Alleman Catholic High School, please visit our website at www.allemanhighschool.org or call the athletic department office at 309-786- 8742.